

## Announcing the Fall session of *Norwood Grows!*

### Dear Parents and Guardians of West Norwood,

Autumn is in the air! And what better way to celebrate the season than by signing up for *Norwood Grows* children's "garden camp?" This fall, we'll be harvesting squash and corn, sweet potatoes, and carrots. We'll dye and felt wool, make brooms and corn-husk dolls, and bake pretzels in a cob oven. And after we get our hands dirty in the gardens each week, we'll wash up and make a snack with the food we harvest.

We will begin and end in the classrooms of the old **St. Elizabeth's Church (1758 Lincoln Avenue)**, which sits on the corner of Carter and Mills Avenue. Each week we will venture outside to plant or harvest from the gardens, explore, play, and create.

### How to participate:

**Take a look at the schedule** on the other side of this page and choose the age-range and dates that work for your child. **Please give me a call or email** (information below) to let me know the following:

- The **name(s)** and **age(s)** of your child(ren) who will be participating.
- The **dates** that you hope to have your child(ren) participate (You don't have to enroll in every session for a given age-range).

There will be a **suggested donation of \$5-\$10 per child, per class** (depending on what you feel you can give). These contributions are an important source of income and will enable future sessions of *Norwood Grows* to take place. However, I do not wish to out-price anyone who desires to participate. If cost becomes prohibitive, please talk to me and we can explore other ways to contribute. *Checks should be made out to Woven Oak Initiatives.*

### How it works:

Once you have "enrolled," all you have to do is **bring your child on the days of his or her programs**. You can bring your donation on a week-by-week basis.

We will begin each gathering in St. Elizabeth's, before heading outside for our activities. Be sure to dress your child for the weather, as we will plan to go outside in most circumstances. Outdoor activities will be held in the courtyard of St. Elizabeth's (off Lincoln Avenue) or at Millcrest Park, and you will be given the location each week. You can pick your child up in the classroom, where we will end each class.

Volunteers will be helping me chaperone each program. **If you are interested in offering your time** in this way, please let me know. Your participation is welcome!

### About me:

I love sharing the natural world with children and adults and have been teaching classes like these for seven years. My husband and I tend several gardens around West Norwood, where we grow food and share it with our neighbors in various ways. I look forward to bringing children into these gardens as well as into the wild nooks and crannies of our neighborhood.

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*These programs are through Woven Oak Initiatives, a non-profit fostering community connections in West Norwood, and thanks to Vineyard Central Church ([vineyardcentral.com](http://vineyardcentral.com)).*

## Schedule of Fall Children's Programs, October 2013

*Outdoor activities for this age group will take place in the St. E's courtyard.*

Tuesday, October 1	10:00 a.m. - 11:30 a.m.	"Mary had a little... lambs quarter??" We'll learn all about this fuzzy weed and the animal it's named for. Prepare your fingers for some fluff!
Tuesday, October 8	10:00 a.m. - 11:30 a.m.	Let's pretend like we're farm kids from many years ago. We'll play some old games and make homemade dolls. And we'll cut <i>brooms</i> from the <i>garden</i> !
Tuesday, October 15	10:00 a.m. - 11:30 a.m.	Autumn is the time for harvesting. Let's gather food from the garden and make a fall snack to share.
Tuesday, October 22	10:00 a.m. - 11:30 a.m.	What is salty, doughy, and all tangled up? A pretzel, of course! We'll make a twisted treat, then bake it in a wood-fired oven.

**Ages 5-7** *Outdoor activities for this age group will take place in the St. E's courtyard as well as Upper Millcrest Park.*

Thursday, October 3	3:40* p.m. - 5:00 p.m.	"...Yes sir, yes sir, three bags full." Let's celebrate wool this week. We'll spin, dye, and felt, then go on a "lamb's quarter" hunt for our snack.
Thursday, October 10	3:40 p.m. - 5:00 p.m.	Ever wondered what it might be like if you lived 100 years ago? We will explore the games and crafts of children who've come before us.
Thursday, October 17	3:40 p.m. - 5:00 p.m.	There's corn on the stalk, pumpkins on the vine, and sweet potatoes in the soil. Help bring in the fall harvest --and eat some of it too!
Thursday, October 24	3:40 p.m. - 5:00 p.m.	You've crossed your legs, your arms; maybe even your eyes. But have you ever crossed pretzel dough? Let's make this crisscross snack together, then bake it outside!

*\*Please note that class time for this age group has been changed to 3:40 p.m. to accommodate the public schools schedule. Though we will begin class at 3:40, children can arrive as early as 3:30 for play and activities in the classroom.*

**Ages 8-12** *Outdoor activities for this age group will take place in the St. E's courtyard, Upper, and Lower Millcrest Park*

Tuesday, October 1	3:40* p.m. - 5:00 p.m.	Did you know there's a weed named after a sheep? We will use the "lamb's quarter" plant to dye wool and - of course!- eat.
Tuesday, October 8	3:40 p.m. - 5:00 p.m.	Want to learn how to play Potsie, punch-ball, and Ringolevio? Come explore what playtime (and chore-time) was like for kids living at the turn of the century.
Tuesday, October 15	3:40 p.m. - 5:00 p.m.	Bring your harvest basket to class this week, because we'll be gathering up the fall crops. We'll preserve some food for the winter and make some to eat now.
Tuesday, October 22	3:40 p.m. - 5:00 p.m.	Let's hobnob around the cob ... Cob <i>oven</i> , that is. Come celebrate the cool weather by firing up our outdoor oven to bake a salty treat.
Tuesday, October 29	3:40 p.m. - 5:00 p.m.	We will prepare and serve a harvest dinner for garden camp students and families.

*\*Please note that class start-time for this age group has been changed to 3:40 p.m. to accommodate the public schools schedule. Though we will begin class at 3:40, children can arrive as early as 3:30 for play and activities in the classroom.*